

# **COVID-19 SAFETY PLAN**

# Sharks Sporting Club Townsville Inc.

Association/Club	Sharks Sporting Club Townsville Inc. (Sharks Touch)		
Ground Location	Queens Park; Paxton Street, North Ward		
Club Facility Location	Queens Park; Paxton Street, North Ward		
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Version	1		
Peter Shefford (President) is responsible for this document			

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Plan Implementing plans, processes and systems to meet government and health requirements, and provide safe sport environments.



Prepare Ensuring safe facility and participant practices, like hygiene practices, attendance registers at training and limiting shared equipment as much

as possible.



Respond Being prepared for management of a COVID-19 outbreak, noting things can change quickly in

your local area.



Recover

Consideration of protocols to optimise good public and participant health into the future.

# 1. Introduction

The purpose of this COVID-19 Safety Plan (**Plan**) is to provide an overarching plan for the implementation and management of procedures by Sharks Touch to support Sharks Touch and its members and participants in the staged resumption of community sport and club activities.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community. The Plan provides the framework to govern the general operation of Sharks Touch, any facilities it controls, the playing/training behaviour of all members and participants, and the monitoring and reporting of the health of attendees at Sharks Touch facilities.

This Plan includes, but is not limited to, the conduct of:

- a. staged training and competition activities (sport operations); and
- b. facility management and supporting operations (facility operations).

At all times the Plan is subject to all regulations, guidelines and directions of government and public health authorities.

The latest (full content) document for field sports may be accessed here, and all members are encouraged to have a comprehensive read to ensure compliance:

https://www.covid19.qld.gov.au/\_\_data/assets/pdf\_file/0027/129924/Industry-COVID-Safe-Plan-Field-Sports.pdf

# 2. Key Principles

This Plan is based on, and accepts, the AIS Framework for Rebooting Sport in a COVID-19 Environment (AIS **Framework**) and the National Principles for the Resumption of Sport and Recreation Activities (National Principles).

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;
- Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on Sharks Touch's return to sport plans;
- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19;
- Training cannot resume until the arrangements for sport operations and facility operations are finalised and approved, if necessary; and
- At every stage of the return to sport process Sharks Touch must consider and apply all applicable State and Territory Government and local restrictions and regulations. Sharks Touch needs to be prepared for any localised outbreak at our facilities, within our competitions or in the local community.

# 3. Responsibilities under this Plan

Sharks Touch retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this Plan.

The COVID-19 Safety Coordinator of Sharks Touch is responsible for:

- Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
- Revising the Plan as required, ensuring it reflects up to date information from government and public health officials.

The Executive has appointed the following person as the Sharks Touch COVID-19 Safety Coordinator to execute the delivery of the Plan and to act as a point of contact for information relating to this Plan:

Name	Peter Shefford
Contact Email	sharkstouch@outlook.com
Contact Number	0403 168 239

Sharks Touch expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with this Plan as amended from time to time;
- · Comply with any testing and precautionary measures implemented by Sharks Touch;
- Act with honesty and integrity regarding the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

## 4. Return to Sport Arrangements

The Plan outlines specific sport requirements that Sharks Touch will implement for Level B and Level C of the AIS Framework.

Sharks Touch will transition to the training activity and facility use as outlined in Level B of the AIS Framework; and the training/competition activities and facility use outlined in Level C of the AIS Framework when permitted under local restrictions and regulations.

#### 4.1 AIS Framework Arrangements

The protocols for conducting sport operations and facility operations under Level B and Level C of the AIS Framework are set out in the Appendix.

### 4.2 Roadmap to a COVIDSafe Australia

Sharks Touch will also comply with the Australian government's **Roadmap to a COVIDSafe Australia**, which places limits on the type of activity that can be conducted and the number of people who can gather at facilities, notwithstanding the activities permitted by the AIS Framework (see below).

Current as at: 8th June 2020 (subject to change; and may be superseded by the Australian government's latest 'roadmap'.)

AIS Activities	<b>Level A:</b> Training in no more than pairs. Physical distancing required.	Level B: Indoor/outdoor activity. Training in small groups up to 10. Physical distancing required.		<b>Level C:</b> Full sporting activity (training and competition) allowed. No restriction on numbers. Contact allowed.	
Roadmap Activities	N/A	Step 1: No indoor activity. Outdoor sport (up to 10 people) consistent with AIS Framework.	Step 2: Indoor/outdoor sport up to 20 people per group. Physical distancing (density 4m <sup>2</sup> ).	Step 3: Venues allowed to operate with up to 100 people with physical distancing. Community sport expansion to be considered consistent with AIS Framework.	Further steps TBA

# 5. Recovery

When public health officials determine that the outbreak has ended in the local community, Sharks Touch will consult with relevant authorities to identify criteria for scaling back its COVID-19 prevention actions. Sharks Touch will also consider which protocols can remain to optimise good public and participant health.

At this time the Executive of Sharks Touch will consult with key stakeholders to review the delivery of its return to sport arrangements and use feedback to improve organisational plans and systems.

# **Appendix: Outline of Return to Sport Arrangements**

### Part 1 – Sport Operations

Area	Plan Requirements (for activities under AIS Framework Level B)	Plan Requirements (for activities under AIS Framework Level C)
Approvals	<ul> <li>The club must obtain the following approvals to allow a return to training at Level B:</li> <li>State/Territory Government approval of the resumption of community sport.</li> <li>Relaxation of public gathering restrictions to enable training to occur.</li> <li>Local government/venue owner approval to training at venue, if required.</li> <li>National/state sporting body/local association approval of return to training for community sport.</li> <li>Club committee has approved return to training for club.</li> <li>Insurance arrangements confirmed to cover training.</li> </ul>	<ul> <li>The club must obtain the following approvals to allow a return to training/competition at Level C:</li> <li>Relaxation of public gathering restrictions to enable training to occur.</li> <li>Local government/venue owner approval to training/competition at venue, if required.</li> <li>National/state sporting body/local association approval to return to training/competition for community sport.</li> <li>Club committee has approved return to competition for club.</li> <li>Insurance arrangements confirmed to cover competition.</li> </ul>
Training / Game Processes	<ul> <li>Club will promote &amp; emphasise AIS Framework principle of "Get in, train, get out". All participants are required to leave the venue immediately following their respective training/game to maintain attendance requirements.</li> <li>Training duration per team not to exceed 1 hour (unless last session of evening) to reduce overlap. Small groups only to train as per guidelines; equipment/skill drills to enable social distancing, no contact including high fives/hand shaking, no socialising, group meals or unnecessary gatherings.</li> <li>Defined training areas will exist for each team (group), maintaining base density requirement of 4m<sup>2</sup> per person and physical distancing (&gt;1.5 metres).</li> <li>Hand sanitiser will be provided by the club and strongly encouraged.</li> <li>Any shared equipment to be sanitised (e.g. sanitise equipment before, during, after sessions); however, use of shared equipment to be limited. No sharing of personal equipment.</li> <li>Personal hygiene mandatory (e.g. wash hands prior to training, no spitting or coughing).</li> <li>Detailed attendance registers to be kept. (refer Appendix).</li> </ul>	<ul> <li>Full sporting activity may be conducted in groups of any size (subject to latest COVIDSafe Roadmap) including full contact.</li> <li>Unnecessary social gatherings are to be avoided.</li> <li>Groups allowed to train as per guidelines; equipment/skill drills to enable social distancing, high fives/hand shaking discouraged, no unnecessary socialising.</li> <li>Sanitising requirements continue from Level B.</li> <li>Treatment of shared equipment continues from Level B.</li> <li>Personal hygiene mandatory (e.g. wash hands prior to training, no spitting or coughing).</li> <li>Detailed attendance registers to be kept. (refer Appendix).</li> </ul>

Personal health	<ul> <li>No members to attend if unwell (including any signs/symptoms of cold, flu, COVID-19 or other illness).</li> </ul>	Personal health requirements continue from Level B in line with latest government directions / roadmap.
	<ul> <li>All participants to wash hands prior to, during and after training and use of hand sanitiser where available.</li> </ul>	
	<ul> <li>Avoid physical greetings (i.e. hand shaking, high fives etc.).</li> </ul>	
	Avoid coughing, clearing nose, spitting etc wherever possible.	
Participants are to come to training/games dressed and ready to participate with their own water bottle and towel both clearly labelled. These are not to be shared.		
	<ul> <li>Participants must limit their personal belongings and bags that are brought to training/games.</li> </ul>	
	• Participants bags and personal belongings must be placed 1.5m apart in a designated area allowing only smalls groups to retrieve belongings at any one time. All belongings should be marked with the name of the participant with all participants taking care of the own belongings, avoiding contact with any other equipment	
Hygiene	<ul> <li>Any safe hygiene protocols distributed by national/state sporting body or the local association will be adopted by Sharks Touch.</li> </ul>	Hygiene and cleaning measures to continue from Level B in line with latest government directions / roadmap
	<ul> <li>Relevant COVID-19 signage relating to restrictions, sanitation and hygiene will be posted in all prevalent areas of the facility.</li> </ul>	
Communications	<ul> <li>Parents and participants should sign up to the COVIDSafe app</li> </ul>	<ul> <li>Parents and participants should sign up to the COVIDSafe app</li> </ul>
	<ul> <li>Sharks Touch will brief players, coaches, members, volunteers and families on Level B &amp; C protocols including hygiene protocols and reinforcement of hand washing and general hygiene etiquette.</li> </ul>	• Sharks Touch will brief players, coaches, members, volunteers and families on Level C protocols including hygiene protocols and reinforcement of hand washing and general hygiene etiquette.
	<ul> <li>Relevant COVID-19 signage relating to restrictions, sanitation and hygiene will be posted in all prevalent areas of the facility.</li> </ul>	All other communication protocols will continue from Level B.
	• If any member of the club reports a positive COVID-19 test all club members will be advised immediately of a current case.	
	<ul> <li>Additional information may be sourced from the organisations listed in the Appendix.</li> </ul>	

# Part 2 – Facility Operations

Area	Plan Requirements (for activities under AIS Framework Level B)	Plan Requirements (for activities under AIS Framework Level C)	
Approvals	The club must obtain the following approvals to allow use of club facilities at Level B:	The club must obtain the following approvals to allow use of club facilities at Level C:	
	State/Territory Government approval of the resumption of facility operations.	State/Territory Government approval of the resumption of facility operations.	
	<ul> <li>Local government/venue owner approval to use of facility, if required.</li> <li>Club committee has approved plan for use of club facilities.</li> </ul>	<ul> <li>Local government has given approval to use of facility, if required.</li> <li>Club committee has approved plan for use of club facilities.</li> </ul>	
	Insurance arrangements confirmed to cover facility usage.	Insurance arrangements confirmed to cover facility usage.	
Facilities	<ul> <li>Any safe hygiene protocols distributed by national/state sporting body or local association that will be adopted by Sharks Touch, including:         <ul> <li>Hand sanitiser will be available.</li> <li>Regular cleans and frequent wiping of high touch surfaces.</li> <li>Displaying of posters outlining relevant personal hygiene guidance.</li> </ul> </li> </ul>	<ul> <li>Return to full use of Club facilities as per latest guidelines.</li> <li>Hygiene and cleaning protocols to continue as per Level B.</li> </ul>	
	Provide suitable rubbish bins with regular waste disposal.		
Facility access	Facility access is <b>prohibited</b> to members who have:	Continue Level B protocols as appropriate.	
	<ul> <li>COVID-19 or has been in direct contact with a known case of COVID-19 in the previous 14 days.</li> <li>Flu-like symptoms or who are a high health risk (e.g. due to age or pre-existing health conditions).</li> <li>Travelled internationally in the previous 14 days.</li> <li>Only essential participants should attend to minimise numbers: not more than one parent/carer to attend with children; gathering numbers should not exceed government allowances as per latest guidelines.</li> <li>Any spectators should observe physical distancing requirements (&gt;1.5 metres) and must fall within the 20 person limit.</li> <li>Specific entry / exit points to be noted.</li> <li>Detailed attendance registers to be kept. (refer Appendix).</li> </ul>	<ul> <li>Spectators and non-essential personnel should be minimised. If spectators do attend training or competitions, they are to be considered within the specified limit of people for that stage.</li> <li>Any spectators should observe physical distancing requirements (&gt;1.5 metres) and density requirements (one person per 4m<sup>2</sup>).</li> <li>Non-essential personnel are discouraged from entering buildings or enclosed areas.</li> <li>Detailed attendance registers to be kept. (refer Appendix).</li> </ul>	

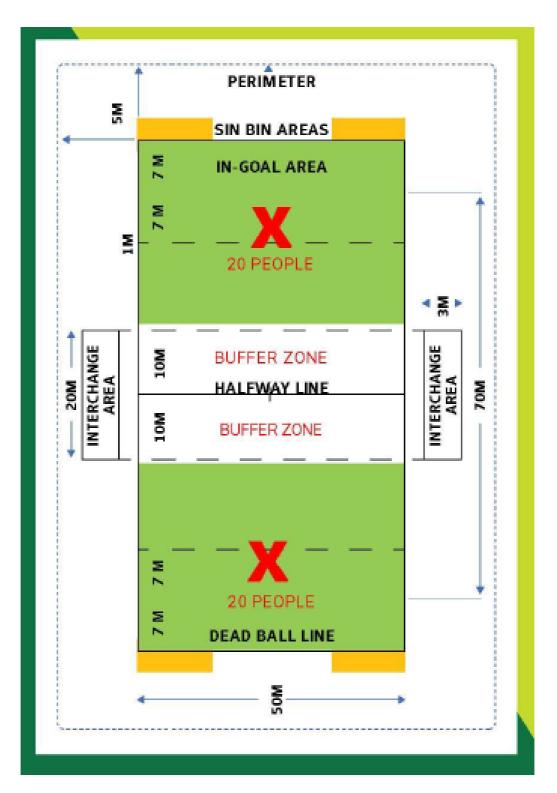
Hygiene	<ul> <li>Any safe hygiene protocols distributed by national/state sporting body or local association that will be adopted by club including:         <ul> <li>Hand sanitiser will be available.</li> <li>Cleaning standards – increase regular cleans and frequent wiping of high touch surfaces.</li> <li>Displaying posters outlining relevant personal hygiene guidance.</li> <li>Avoiding shared use of equipment.</li> <li>Provide suitable rubbish bins with regular waste disposal.</li> </ul> </li> </ul>	Continue hygiene and cleaning measures as per Level B.		
Management of unwell participants	<ul> <li>All members should educate themselves on the comparison of the symptoms of coronavirus (COVID-19), with the common cold and flu.</li> <li>If members develop a fever, a cough, sore throat or shortness of breath, they should self-quarantine and contact a doctor or call 13HEALTH (13 43 25 84) at earliest opportunity, and/or present for COVID-19 testing.</li> <li>Self-isolate at home if presenting any relevant symptoms.</li> <li>Public health authorities and other attendees of will be notified immediately in the discovering of any symptomatic participants.</li> </ul>	All measures as per Level B to continue.		
Club responsibilities	<ul> <li>The club will oversee:</li> <li>Provision and conduct of hygiene protocols as per the Plan.</li> <li>The capture of a record of attendance at all training and club activities and maintaining an up-to-date log of attendance.</li> <li>Coordination of Level B field and training operations.</li> <li>Operation of the club's facilities in support of all Level B training activities in accordance with this Plan.</li> <li>Club Executive members will undertake relevant educational training in COVID-19 and associated aspects (what it is, stopping the spread, hygiene practise etc)</li> </ul>	All measures as per Level B to continue in line with latest government directions / roadmap.		

#### Part 3 - Attendance Register – Sharks Sporting Club Townsville (Sport Australia Template)

Team: Co		Coach /	Contact:	Date:	
IN (Time)	OUT (Time)	Full name	Phone	In the previous 14 days, have you: • Had any COVID-19 symptoms? • Been in contact with any confirmed/suspected COVID-19 case? • Travelled internationally?	Have you downloaded and using COVIDSafe app?

#### Part 4 - Shared Zones & Entry/Exit Points

- Teams sharing a field must abide by a 'buffer zone' see example below. Entry & Exit points apply to respective zones.
- Players should enter from top (Paxton St) end of field and depart from lower (Warburton St) end see below
- Entry to Vigoro building / admin area is Grammar Music Centre side; with exit between the Vigoro / TTF buildings.
- All players to follow hygiene requirements before entering fields.





#### Part 5- Where can I get most up to date information?



Government

#### **Queensland Health**

If you are feeling unwell or you need some extra help to get food and medication you can call **13 Health.** The phone number is **13 43 25 84.** 

https://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19



Australian Government

Australian Government Call the **Department of Health** phone number for COVID-19 on **1800 020 080** if you would like to know more about coronavirus.

www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert



**National Relay Service** can be contacted on **1300 555 727** if you are deaf, hard of hearing or have a speech impairment and they can help you talk on the phone.

Translating or interpreting services: Call 131 450



National Disability Insurance Scheme (NDIS) If you have any questions about your NDIS plan call the NDIS on 1800 800 110.

https://www.ndis.gov.au/understanding/ndis-and-other-government-services/ndisand-disaster- response



#### Queenslanders with Disability Network (QDN)

If you need more information or you would like to connect with other people with disability you can call QDN on 3252 8566. Join QDN on Facebook

https://www.facebook.com/QueenslanderswithDisabilityNetwork/