

# MAKE THE “SMART” CHOICE



## OUTPATIENT REHABILITATION SERVICES

### Physical Therapy

The Outpatient Rehabilitation Program provides personalized care that is focused on helping patients achieve their goals and return to a lifestyle that is fully functional and productive. SMART Rehab Services offers a state-of-the-art facility with the latest in technology and relies on proven treatment techniques to achieve positive outcomes.

PT conditions treated include:

- arthritis
- back, neck, and shoulder pain/conditions
- headaches
- knee, ankle, and foot pain/conditions
- sprains, strains, and fractures
- stroke and neurological conditions
- TMJ pain or dysfunction
- Benign Paroxysmal Positional Vertigo (BPPV)
- work-related injuries
- vestibular and balance impairments
- lymphedema

### Occupational Therapy

OT practitioners can identify and address barriers between a patient's abilities and demands of their daily lives at home and at work, thereby promoting a healthier lifestyle. Occupational Therapists use an occupation-based and client-centered approach that identifies the participation needs of patients.

Services include:

- design, fabrication and application of splints
- guidance in the selection and use of adaptive equipment
- activities that promote independence
- therapeutic exercises
- hand and wrist conditions; Carpal Tunnel, De Quervain's, Dupuytren's contracture, etc
- stroke/neurological therapy



Bradford Regional Medical Center

A Kaleida Health Facility

[www.brmc-ogh.org](http://www.brmc-ogh.org) • 814.362.4222

# MEET OUR STAFF



Julie Galbraith, MPT is a Bradford Native with over 20 years of clinical experience. She received her Masters of Science in Physical Therapy from the University of Pittsburgh in 1995. She has worked in both Skilled Nursing Facilities and outpatient centers. Julie is an experienced therapist who uses a personal approach toward obtaining functional goals and improving patient satisfaction. Her clinical skills include orthopedics, manual therapy, wound care, and lymphedema management.



Stacia Roggenbaum, PT, DPT, MEd, graduated with a B.S. in Physical Therapy from Northwestern University Medical School in 1988. She received her Doctorate in Physical Therapy and Masters in Education from Gannon University in 2010. Stacia has over 30 years of clinical experience specializing in outpatient physical therapy intervention. Her primary focus of care is to empower her clients with the skill and knowledge to recover from their condition or injury as quickly as possible. Using an evidence-based approach to treatment, Stacia enjoys working with all rehabilitation diagnoses and is one of few therapists in the area specialized in Benign Paroxysmal Positional Vertigo (BPPV).



Lynn Kinney, PTA graduated from Penn State Dubois in 2006 with an Associates of Science Degree in the Physical Therapist Assistant program. She has experience with skilled nursing facilities as well as the outpatient setting. She has been with SMART since 2008. Lynn is a credentialed clinical instructor through the American Physical Therapy Association and enjoys mentoring students through their clinical internships.



Kelsey Schwabenbauer, COTA/L, graduated in 2013 from Penn State Dubois with an Associates Degree in Occupational Therapy. Her primary interests lie in manual therapy and orthopedics. She enjoys treating patients of various ages and activity levels, especially patients with wrist and hand related injuries. She continues to expand her expertise in these areas and focuses on giving her clients the tools to help them work toward function and independence. Kelsey is currently working toward her CVA/Stroke Certification.



Mat Miller, PT graduated with a Bachelor's of Science in Physical Therapy in 1997 from Daemen College and has worked at SMART since 2006. Over his 20 year career, Mat has worked in all areas of physical therapy; however the majority of his time has been spent in the outpatient setting. His expertise is using a manual approach as well as sports medicine with athletes. He enjoys teaching and focuses on giving his patients the ability to take ownership of their health.



Joe Warner, PTA, graduated with an Associates of Science Degree in the Physical Therapist Assistant program from the University of Pittsburgh Titusville in 2011. Joe has over 10 years of clinical experience and has been at SMART all of those years. He enjoys being part of a team that helps patients return to a healthy, active lifestyle. His clinical interests are manual therapy, balance and core strengthening, orthopedic injuries, postural and gait training and post-operative joint replacements. Joe uses a functional evidence-based approach with his patients and has shared decision making with physical therapists.



Bradford Regional Medical Center

A Kaleida Health Facility

SMART Rehab Services

116 Interstate Parkway, Bradford, PA

[www.brmc-ogh.org](http://www.brmc-ogh.org) • 814.362.4222