



### **PREPARATION FOR EGD (UPPER ENDOSCOPY)**

If you are or may be pregnant please discuss the risks and benefits of this procedure with your doctor. You must arrange for a ride (no taxi or buses) for the day of your exam. The driver does not have to remain in the facility, the nurses can call them when you are ready to be picked up. If you fail to arrange transportation with a responsible adult, your procedure will need to be cancelled and rescheduled. You will not be allowed to drive or work the rest of the day. If you wish to cancel or reschedule your appointment please call us at as soon as possible. .

If you are taking any anti-coagulation medication (blood thinners such as Eliquis, Xarelto, Coumadin, Plavix, Brilinta or Pradaxa), these will need to be held prior to your procedure. Please discuss with the provider that prescribes it before discontinuing the medication.

If you take blood pressure or thyroid medication, please continue to take this the morning of your procedure with a small sip of water.

***\*\*If you are currently taking any GLP-1 medications such as: Dulaglutide (Trulicity), Exenatide (Byetta), Semaglutide (Ozempic or Wegovy), Liraglutide (Victoza or Saxenda), Tirzepatide (Mounjaro or Zepbound), Lixisenatide (Adlyxin) or Semaglutide (Rybelsus) they must be stopped for two (2) weeks prior to your procedure.\*\****

- ***Please discontinue*** any aspirin or ibuprofen containing products such as Advil, Motrin, arthritic medications, Trental, Pletal, Persantine, Celebrex, Aggrenox, Lovazam Elmiron, Omega 3, fish oil, and any oral iron ***5-7 days prior to your procedure***. If you take Lisinopril, do not take the morning of your procedure because it may cause an unsafe drop in your blood pressure. If you take Lovenox, please do not take your dose the day of your procedure as it will cause your procedure to be cancelled.
- ***On the day before your test***, you may eat regular meals, but ***do not eat or drink anything after midnight***. If your procedure is scheduled after 11:00am, you may have clear liquids up to 5 hours prior to the procedure. The morning of your procedure you may take your prescribed medications (other than the ones listed above) with a small amount of water. If you are uncertain about which medications to take, please call our office.

***Clear liquids include:*** black coffee, tea, clear carbonated beverages, apple juice, water, lemon ice, Jell-O, popsicles, hard candy or lozenges. You ***cannot*** have anything that contains a ***red*** or ***purple*** dye.

***\*\*Please note that the practice requires 24 hour notice of appointment cancellation. Patients that miss an appointment and do not cancel within the required timeframe are charged a fee of \$50.00 for procedures.***