

Breast Surgery

Informational Class

A comprehensive folder includes information on the following topics:

- What to expect before, during and after breast surgery
- General precautions and suggestions regarding activities of daily living
- Drain instructions – if needed for your surgery
- Exercises to complete before and after surgery
- Lymphedema precautions (arm measurements will be taken in class – please wear a short sleeve top)
- Local resources and support information



The class is instructed by oncology trained therapists who will help you prepare for surgery and recovery.

Register for class online at <https://www.greatlakescancercare.org/events/>
For questions call ~ 716-568-6708



Buffalo Therapy Services

A Kaleida Health Facility

Maple West

705 Maple Road ~ Williamsville, NY 14221
(Plaza at the corner of Maple and N. Forest)
1-3 p.m. ~ 1st, 3rd and 4th Mondays

DeGraff Wellness Center

415 Tremont St. ~ Tonawanda, NY 14120
5-6:30 p.m. ~ 2nd Monday of each month



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